

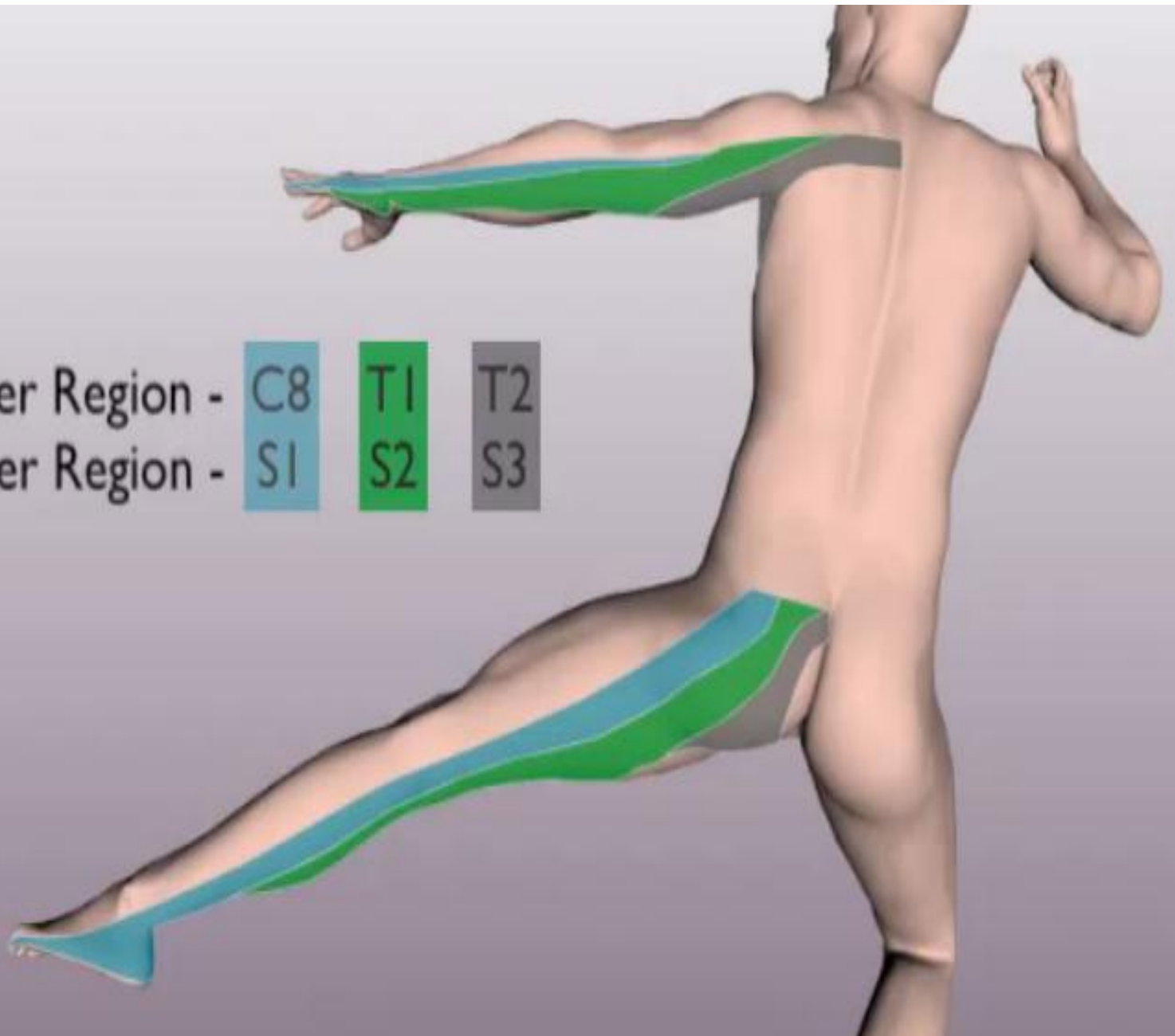
Upper Region -  
Lower Region -

C3	C4	C5	C6	C7	C8
L1	L2	L3	L4	L5	S1



Region Dermatome Comparison

Upper Region - C8 T1 T2  
Lower Region - S1 S2 S3



Extension, flexion, outward and inward rotation.  
For extension, quadriceps femoris/femoral nerve L2-L4.

For flexion, hamstring muscles, biceps femoris,  
semitendinous and semimembranous and all sciatic  
nerves L1-S3.

Outward rotation with the knee flexed, biceps  
femoris muscle/sciatic nerve L1-S3.

And inward rotation with the knee flexed, semimembranous  
muscle/sciatic nerve L1-S2.